



**1801 Wright Road
Fort Belvoir, VA 22060
Chaplain (CPT) Dr. James Key II**

Phone: 760.927.6519 <http://www.belvoir.army.mil/wcgs/> E-mail: James.KeyII@conus.army.mil

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Gospel Service Newsletter

January 2010

PASTOR'S CORNER

I was walking out of a grocery store recently when a homeless man approached me and said, "Excuse me sir, I'm trying to buy some food. Can you help me out?" After talking to him for a few minutes, I discovered that he was a Vietnam War veteran. I gave him a few dollars knowing that my humble contribution might help him eat today. But what about tomorrow?

As I drove home, I thought about this man and the countless other homeless veterans who walk our nation's streets looking for a crust of bread and a corner to sleep in.

Veterans make up one in four homeless people in the USA, though they are only 11% of the general population, according to The Alliance to End Homelessness. There are myriad reasons for these dismal numbers: limited access to affordable housing, inadequate health care and employment instability. But many cases are fed by the fact that displaced and at-risk veterans often live with the lingering effects of post-traumatic stress disorder or substance abuse. These are the hidden costs of fighting a war.

Further, the Veterans Affairs Department (VA) reaches only 25% of an estimated 400,000 veterans who are homeless at some time during the year, leaving the rest to seek aid from local government agencies and community service organizations.

Homelessness is spreading beyond the middle-age and elderly veterans to include those who have served in Iraq and Afghanistan. The VA has identified 1,500 homeless veterans from the current wars and reports that just 400 have participated in its homeless programs. Today, the VA offers more service options — outpatient facilities, counselors and therapy — than for troops who returned from Vietnam. Unfortunately, many veterans don't seek help for mental and emotional problems until years after their return from combat, when the conditions have often worsened.

My father, James Key Sr., worked as a VA counselor. As a teenager, I didn't put much stock in his work, but now that I'm in the military, I have a deeper appreciation for his profession. My father gave many homeless Vietnam War veterans in Los Angeles a second chance. But the VA can't shoulder this burden on its own.

Today, more help is needed from people like you and me taking ownership of this problem. Donations of food, clothing or money to homeless shelters can make an immense difference. Volunteers are always needed as well. The website of the non-profit National Coalition for Homeless Veterans, for one, lists organizations nationwide.

It's been said that the best way to judge a nation is to measure how it takes care of its old and young. Maybe we should add homeless veterans to the list as well.

Courtesy of Chaplain James Key II

A Resolution Worth Keeping

by Jon Walker

For I resolved to know nothing while I was with you except Jesus Christ and him crucified.

1 Corinthians 2:2 (NIV)

If you're thinking about making some New Year's Resolutions, consider this one from The Apostle: "This year I resolve to know nothing but Christ and him crucified."

Paul's message is radically simple: Salvation is in Christ alone. What does this mean?

- It's not Christ plus your good behavior.
- It's not Christ plus the years you taught a Bible study.
- It's not Christ plus your tithe.
- It's not Christ plus the church you attend.
- It's not Christ plus the number of verses you memorize.
- It's not Christ plus your title in the church.
- It's not Christ plus wisdom from the latest Christian seminar.
- It's not Christ plus a desert fast (or even a dessert fast!).
- It's not Christ plus a good driving record.
- It's not Christ plus well-behaved children.
- It's not Christ plus the right job.
- It's not Christ plus the right spouse.
- It's not Christ plus the latest technology.

It's simply Christ. Christ plus nothing.

That's a message that is as right throughout the coming year as it will be in 2999. May your new resolution for the year be nothing but Christ and Him crucified.

Re-printed by permission of Jon Walker and PurposeDrivenLife.com. Visit the Purpose Driven Life website @ <http://www.purposedrivenlife.com> to view additional issues of the daily devotional.

Gospel Service Chapel Activities

Opportunities To Join A Ministry

ALTAR MINISTRY

LEADER/ADVISOR: TBD

BAPTISM AND DEDICATIONS - (Baptism classes -

1st Thursday 1830 – 1930 hrs –

Baptism Service – 3rd Sunday)

POCs: Deacon Calvin Taylor and Minister Tyman Wallace

BELVOIR MEN OF FAITH – (2nd & 4th Saturdays 0730 hrs-REC)

POC: Deacon Adrian Clay

BEREAVEMENT MINISTRY

POCs: Brother Theodore and Sister Roberta Alridge

BIBLE STUDY – TEENS – (Age 13+) (Thursdays 1930 hrs)

POCs: Reverend Leonard Baldwin

BOYS TO MEN – (4TH Saturdays 1000 – 1200 hrs)

POCs: Brother Chris Hardnick and Reverend Leonard Baldwin

CHILDREN'S MINISTRY

MINISTRY LEADERS: Minister Barbara & Brother Tony Burrell

- **CHILDREN'S CHURCH** – (1st, 2nd & 4th Sundays during service)

Group 1 Pre Kindergarten & Kindergarten

Group 2 Grades 1- 3

Group 3 Grades 4 - 6

- **CHILDREN'S BIBLE STUDY**

Thursdays -1930 hrs

(Pre Kindergarten & Kindergarten)

(Grades 1, 2 & 3)

(Grades 4, 5 & 6)

DEACONS MINISTERS/TEAM LEADERS TRAINING

(4th Saturdays, 0900 – 1300 hrs)

POC: Deacon William Collins

FINANCIAL PEACE UNIVERSITY (Sunday Mornings – 0845 hrs)

POC: Sister Ruby Wilson

FOLLOW-UP MINISTRY TEAM

LEADER: TBD

GUEST RECEPTION MINISTRY

POCs: Sister Rita Williams / Sister Norma Taylor /
Sister Jannie Wilson

HOSPITALITY COMMITTEE – (AS ANNOUNCED)

POC: Sister Sharon McNeil

INTERCESSORY PRAYER MINISTRY – (Fridays - 1830 hrs)

POC: Sister Peggy Hogan

J7 FRONTLINE YOUTH MINISTRY – (1st & 3rd Saturday)

(AS ANNOUNCED)

POC: Brother Sean Miller

MARRIED COUPLES MINISTRY – (4th Mondays 1800 – 2000 hours)

POC: TBD

MEN @ ARMS, THE GX – (4TH Saturdays immediately following

Boys To Men Ministry)

POC: Brother Anthony "Tony" Bennett

MINISTERS TRAINING – (4th Saturday) (AS ANNOUNCED)

POC: To be announced

PARISH COUNCIL – (1st Sunday after Worship Service)

POCs: Sister Alice Ford / Sister LaKetha Prioleau

PRISON MINISTRY - (TBD)

POCs: Minister Marsha Morris / Sister Patrice Alston

PROTESTANT WOMEN OF THE CHAPEL

POC: Sister Nilda Navarro

SINGLES MINISTRY – (3rd Fridays 1900 hrs

@ Religious Education Center (REC)

POCs: Minister Yvonne Kizer / Sister Rosa Butler

SUNDAY SCHOOL (ALL AGES) – (Every Sunday

@ Religious Education Center (REC) 0920 – 1030 hrs)

POCs: Sister La Ticia Anderson / Sister Rita Williams /

Sister Sharon McNeil / Minister Daryl Duff

USHERS AND GREETERS MINISTRY – (4th Sundays after Worship Service)

POC: Brother Calvin Brown

WISDOM FOR LIFE DISCIPLESHIP CLASS – (Thursdays 1830 hrs & Sundays)

POC: Minister Terry Hogan

WOMEN'S FELLOWSHIP – (1st Saturdays 0900-1030 hrs)

POC: Sister Sara Simmons

WORSHIP ARTS MINISTRY

- **ADULT CHOIR** – (Mondays & Wednesdays prior to 1st & 2nd Sundays 1900 hrs)

POC: Brother Crosby Bowens

- **BROTHERHOOD CHOIR** – (Mondays prior to the 3rd and 4th Sundays - 1900 hrs)

POCs: Deacon Fred Owens / Minister Robert Brooks

- **DANCE MINISTRY** – (1st, 3rd, & 5th Saturdays 1030 hrs)

POC: Sister La Ticia Anderson

- **DRAMA MINISTRY** – (TBD)

POC: Sister Trevetta Bennett

- **STEP MINISTRY** – (1st, 3rd, & 5th Saturdays 1300 hrs)

POC: Sister Valerie Ford-Miller

- **SUNSHINE CHOIR** – (Thursdays 1830 hrs)

POCs: Sister Stephanie Jackson / Sister Sylvia Harris /
Sister Michelle Williams

- **WOMEN'S CHOIR** – (Monday & Wednesday prior to 5th

Sundays) (AS ANNOUNCED) – 1900 hrs

POC: Brother Crosby Bowens

- **YOUTH CHOIR** – (Thursdays 1830 hrs)

POCs: Sister Alice Ford / Sister Valerie Ford-Miller

YOUNG SISTERS OF FAITH – (4TH Saturdays)

POC: Minister Annie Powell

YOUTH LEADERS – Reverend Leonard Baldwin,

Minister Annie Powell and Deacon Fred Owens

YOUNG ADULT SINGLE & SAVED (YASS) –

(2nd Fridays – 1900 hrs)

POC: Minister Marsha Morris



Gunston Chapel (Then) / Woodlawn Chapel (Now)
Fort Belvoir, VA - Photographs by L. Worthington Jones

Woodlawn Chapel Gospel Service VISION & VALUES

"To develop devoted disciples who follow after Christ to fulfill the great commission."

The Five Values of the Woodlawn Chapel Gospel Service

1. **Loving God through Worship: Matt 4:10**
- Worship helps us to focus on God
2. **Knowing God through Fellowship: Eph 2:19**
- Fellowship helps us face life problems
3. **Growing in God through His Word: Eph 4:12B-13**
- Discipleship helps us to fortify our faith
4. **Serving God by Serving Others: Matt 22:36-40**
- Ministry helps us to find our talents
5. **Sharing God with the Lost: Matt 28:19-20**
- Evangelism helps to fulfill our Life's Mission

SICK AND SHUT IN / PRAYER REQUESTS

Roberta Alridge
Ted Alridge
Bill Barron
Lois Barrow
Trelandria D. Brown
Baby Caleb
Dubeux Dingle
Thelma Gill
Josephine Jones
Minister Nelson Jones
Vanessa Jones
Baby Lorenzo McLeod
Fernando Pratt
Bertha Roberts
Aaron Taylor
Sherryl Vialdores
Elder Leroy Willis
William Wilson Sr.

(Submit names to joneslw4126@msn.com)

Upcoming Events – Chapel Activities –

Mark your calendars:

NOTICE: Effective immediately and until further notice, weekly bulletins for ALL Belvoir Worship Service will be posted online. No paper bulletins will be distributed at respective worship service. Members are encouraged to download and print weekly bulletins and bring to worship service. Visit <http://www.belvoir.army.mil/mainchapel/bulletins.asp>

January –

9 & 23 - Boys to Men Ministry - "Effective Communication" – Lewis Village - POC Brother Chris Hardnick

- **Men @ Arms: The GX** – 1130 hrs –

Immediately following Boys to Men – POCs: Brother Tony Bennett & Reverend Leonard Baldwin

16 - Praise Dance Rehearsal – 1030 hrs – POC Sister La Ticia Anderson

25 – Married Couples Ministry - 1800 hrs -

POCs: Sister Shereda Jones & Sister Jannie Wilson

Every Sunday – Sunday School Classes - all ages – REC – 0920 – 1020 hrs

- **Guest Reception Ministry - Visitors**

Welcome Reception – Immediately following

Worship Service – Choir Room –

POC Sister Rita Williams

Every Thursday

- **Mid Week Worship Service**, 1930 hrs

Mentoring Women – A Discipleship class –

1800 hrs – POC: Minister Barbara Burrell

Every Friday – Intercessory Prayer – 1830 hrs –

POC Minister Peggy Hogan

February –

14 – Fort Belvoir Chapels (Combined) Valentine's Day Vow Renewal and Reception – Belvoir Chapel (vow renewal); Officers' Club (Reception) - Call Jacque Pitts, Fort Belvoir Wedding Administrator, at 703-806-0619, or e-mail ftbelvoirweddings@gmail.com to register or to receive more information.

CID/Volunteer Update Reminder - All

CID/

- Volunteer Forms must be completed, signed and turned in to **Sister Patrice Alston, Gospel Service Parish Coordinator**, for (ALL) Ministry Chairs/Team Leaders and Team Members, no exceptions! This requirement is for everyone working in the following areas: with children 18 years or younger, with food and/or with money. As new volunteers join your Ministry/Team, have them read, complete and sign the required forms prior to allowing them to work in your Ministry/Team. Turn completed forms into the Gospel Service Parish Coordinator.

Ministry/Team Leaders be aware that any volunteers not in compliance with this Department of the Army requirement **IS NOT** allowed to volunteer in areas involving children, handling food or money. Gospel Service Chaplain will be notified accordingly. Allowing any volunteer who has not complied with this requirement to work in your Ministry/Team is in violation of this DA requirement and could adversely affect the Gospel Service's ability to minister to the congregation. Direct all concerns and/or questions to the Gospel Service Chaplain.

Courtesy of Gospel Service Parish Coordinator

January Birthdays

- 1 - Doris Wilson
- 2 - Gabrielle Argueta
- Dewaine Pouncy
- Daneshi Price
- Isaiah Matthew Taylor
- Arlene Warren
- 4 - Azurijah Mekonen
- 5 - Gwendolyn Duncan
- 6 - McKinley P. Nelson

- 8 - Jerry Pearson
 - Simon Pitts Jr.
 - Michele Wray
- 9 - Kathy Atcherson
- 10 - Min. Marsha Morris
 - Angel Wilson
- 11 - Dejah Pierce
 - Tyleia Wallace
- 12 - Deacon Danny Williams
- 14 - Crosby Bowens
- 15 - Christopher Fobbs
 - Cynthia Swift
- 16 - Daryl Calhoun
- 17 - Daryl Calhan Jr.
 - Al Gill
 - Xavier Teal
- 18 - Minister Daryl Duff
- 20 - Calvin Brown
 - Sonya Dunn
 - Ismael Walker
 - Jannie C. Wilson
- 21 - Danita Anderson
 - Josiah Duff
 - Florene Price
 - Zion Yonas
- 22 - Richard Dix Sr.
 - Chris Hardnick Sr.
 - Daysia Jackson
- 23 - Cynthia Pearson
- 24 - Alexandria Sutton
 - Anthony Vargas
- 26 - Chris Hardnick Jr.
 - Shelita Pierce
 - Michael Sutton
- 27 - Trace Lewis
 - James Momon III
- 29 - Courtney Foxe
 - Jon Smith
 - La'Shauna Townsend
 - Angela Leonette Renae Woita
- 30 - Aleysha Jenkins
 - Brianna Gabrielle Pitts
 - Latrice Myles
 - Tavoris Myles
- 31 - Countee Collins
 - Don Smith

*♪ Happy Birthday to you,
 Happy Birthday to you,
 Happy Birthday, God Bless you,
 Happy Birthday to you! ♪*

January Anniversaries

- 1 - Anthony & Trevetta Bennett - 6 yrs
 - Jordan & Nancy Henderson- 21 yrs
- 7 - Michael & Diane Edwards - 22 yrs
- 8 - Addley & Michelle Saimbert - 18 yrs
- 28 - Ted & Roberta Alridge - 49 yrs
 - Michael & Sharon Barekman -15 yrs

Congratulations!

NOTE: You too can have yours and your family's special days published. Send e-mail with dates and event to Sister Shereda Jones at joneslw4126@msn.com as soon as possible.

Epiphany, the 12th day after Christmas, celebrates the visit of the three kings or wise men to the Christ Child, signifying the extension of salvation to the Gentiles. What is the date of Epiphany 2010? Epiphany falls on Wednesday, **January 6, 2010**. In most countries, including the United States, the celebration of Epiphany in 2010 is transferred to Sunday, January 3.

MEMBERS/SERVICE MEMBERS DEPLOYED OR TDY

- Rose Carter – Kuwait
- Countee Collins II - Iraq
- MAJ Nancy Henderson - Iraq
- SFC Aaron Slack
- CSM Allison Smith - Afghanistan
- MAJ Gregory Wilson – Korea

(NOTE: Notify Sister Shereda Jones by e-mail to [JonesLW4126@msn.com](mailto:joneslw4126@msn.com) as soon as possible when any individuals deploy or go TDY and upon their return from deployment or TDY)

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Call for Applications - The Institute for Responsible Citizenship (IIRC) is currently accepting applications for its **summer programs in Washington, DC and New York City.**

Washington Program - The Institute for Responsible Citizenship is currently accepting applications for its summer leadership program in Washington, DC. The Institute provides America's best and brightest African American male college students with unparalleled networking opportunities, leadership development, and life-long mentorship. Through the focused and intimate structure of our program, the Institute equips these young men with the tools required for successful careers in business, education, journalism, law, government, the sciences, public policy, ministry, medicine, public service, and the arts.

Program Highlights

- Exposure to influential leaders such as congressmen, Supreme Court justices, and business executives
- Rigorous academic seminars
- Roundtable discussions, including seminars on leadership development
- High-level internships around Washington, DC
- Activities that promote strong bonds with each other

Program Details

- The 2009 program runs from Saturday, June 5 to Saturday, July 31, 2010.
- Students must commit to two summers.
- Housing is provided by the Institute.
- Students work at paid internships based on their career interest.

You should be a **college sophomore** to apply. The Institute does not have a GPA requirement. However, the median GPA for recent classes is 3.65. An applicant's GPA is not the only criterion that is evaluated during the admissions process. Campus involvement, awards earned, athletics, and volunteer work are also important factors.

The application deadline for the Washington program is **Friday, January 29, 2010.**

Youth Scholar Academy - The Institute for Responsible Citizenship is thrilled to announce an exciting opportunity for African American male college students interested in education. We are currently accepting applications to participate in leading the Youth Scholar Academy (YSA), our new initiative for high school students.

The Youth Scholar Academy leverages our Washington program by having the Institute's exceptional college students prepare outstanding high school students to enter college and thrive. College students will participate in the Institute's core program in Washington, DC and intern at youth serving organizations.

Program Highlights

- Training and workshops
- Exposure to leaders in education and youth development
- High-level internships in Washington, DC
- Rigorous academic training
- Participation in career development seminars
- Social activities that foster strong bonds

Program Details

- The program runs from June 5 to July 31, 2010
- Students must commit to two summers
- Housing is provided by the Institute
- Students work at youth-serving organizations during first summer and manage YSA second summer

You should be a **college sophomore** to apply. The Institute does not have a GPA requirement. However, the median GPA for recent classes is 3.65. GPA is **not** the only criterion that is evaluated during the admissions process. Campus involvement, awards earned, athletics, and volunteer work are also important factors.

The application can be found on the web at www.i4rc.org/application.htm. Applications must be received, not postmarked, by the deadline. Inquiries should be directed to eheward@i4rc.org or (202) 659-2832.

The application deadline for the Youth Scholar Academy is **Friday, January 29, 2010.**



TomJoynerCollegeFair.com is a new site that allows visitors to conveniently explore higher educational opportunities online. The **Virtual College Fair** provides users with access to Historically Black Colleges and Universities (HBCUs), Traditional Schools, Community Colleges, and more.

ACCESS college planning resources you need!

REGISTER - It's easy!

BE ENTERED to win a lap top computer!

YOUR HIGHER EDUCATION ONE STOP SHOP

Finding information about schools that fit your financial budget and your future career goals is now made easier with the Virtual College Fair. Whether you are a high school senior or you're considering advancing your education we invite you to visit the Virtual College Fair to find schools that want you! For further information, visit

<http://shows.fusionexperience.com/tomjoynercollegefair>.

PLUS, CHECK THIS OUT...

To assist you we've included a link to the Common Black College Application that will be useful for applying to HBCUs. Feel free to fill out the application for a small fee and you can submit it to several HBCUs to make the application process easier. To find out more visit:

<https://counselorlogin.com/application.asp>.

Education Starts Here!

Our participating schools:

HBCU - Historically Black Colleges and Universities in Gold

Traditional Colleges and Universities in Blue

PARTICIPATING SCHOOLS:

Alabama State University
 Albany State University
 Arkansas Baptist College
 Atlanta Metropolitan College
 Baylor University
 Bennett College for Women
 Bethune-Cookman College
 Central State University
 Claflin University
 Concordia University Chicago
 Coppin State College
 Cornell University
 Dillard University
 Elizabeth City State University
 Fisk University
 Florida A & M University
 Florida Memorial College
 Grambling University
 Hampton University
 Howard University
 Huston-Tillotson College
 Indiana University
 Indiana University Purdue University - Indianapolis
 Jackson State University
 Jarvis Christian College
 Kentucky State University



Valentine's Day Vow Renewal and Reception 14 February 2010 - Vow Renewal Service: 4 pm at Belvoir Chapel; Reception: 5 pm at Officer's Club (Belvoir Room). Packages starting at \$65.00 per couple. (Package pricing per couple \$65; per individual \$38; per child \$10 (10 & under)). Watchcare provided for children 6 weeks to 5 yrs. Say "I Do" all over again, and have a great reception! The Fort Belvoir Chapels will host a wedding renewal ceremony at Belvoir Chapel. Reception follows at the Officers' Club, and includes a live band, dancing, dinner and even a wedding cake! Each bride will receive a beautiful bouquet and every couple will receive a vow renewal certificate. A photographer will also be on hand for photo purchases. **Call Jacque Pitts, Fort Belvoir Wedding Administrator, at 703-806-0619, or e-mail ftbelvoirweddings@gmail.com to register or to receive more information.**

WCGS MINISTRIES NEWS / UPDATE



BAPTISM CLASSES - Baptism classes are held the 1st Thursday of each month from 1830 - 1930 hours. Baptism **Service is the 3rd Sunday morning** of each month immediately prior to regular Worship Service. For further information contact Deacon Calvin Taylor, or Minister Ty Wallace.



INFANT/YOUNG CHILDREN DEDICATION – 2nd Sunday of each month. For further information contact Deacon Calvin Taylor, or Minister Ty Wallace.



Children's Church - Check back for more information. **POC: Minister Barbara Burrell**



Guest Reception Ministry - The Guest Reception Ministry would like to invite visitors to their **Visitors Welcome Reception at 1:00 pm**. Please join us immediately following Worship Service in the Choir Room. Come and meet our Pastor, Chaplain Dr. James Key II, and learn more about our Church Ministries.
POC: Sister Rita Williams



The **Married Couples Ministry** is designed to help strengthen your faith in Jesus Christ while also strengthening the bonds of marriage. You and your spouse will share experiences, learning, and worship that will help you grow spiritually and discover God's will for your family. We meet monthly, on the 4th Monday, except when holiday falls on 4th Monday. **Ministry Facilitator is Sister Jannie Wilson.**

Married Couples Ministry will be held on **Monday, January 25, 2009**. This is the kick-off of the first fellowship in the new year. A family dinner and fellowship begins at **1800 hours** in the Fellowship Hall. Woodlawn Chapel Gospel Service recognizes that the family is vitally important to the health of the church. That is why we seek to build strong, spiritual homes in our church. Married couples, geographically separated couples, and couples engaged to be married are welcome to attend. Watchcare for children up to age 5 provided. Childcare for older children is available. **Registration requested to properly prepare for number of adults and children attending.** Complete and return registration form attached to newsletter. **For further information and sign-up, contact Sister Shereda Jones at e-mail JonesLW4126@msn.com or Sister Jannie Wilson at e-mail JLG8325@MSN.COM.**



Men @ Arms Ministry –

Monthly men's fellowship and workshop. We show you how to work with the tools God gives us using your **"66 Magnum" (The Bible)!** We meet on the 4th Saturday, immediately following the "Boys to Men" Ministry meeting, at Lewis Village Community Center. We invite all WCGS men to come out and fellowship with your Brothers-in-Christ. **POCs: Brother Tony Bennett and Reverend Leonard Baldwin.**



Prison Ministry - Mission - Our mission is to provide material and spiritual support for those incarcerated. We intend to introduce, empower, and transform prisoners through the sharing of Gods word.

Objectives -

- To effectively minister to the needs of those incarcerated
- Facilitate studies lead by the Holy Spirit
- Present the Gospel in clear and comprehensible terms
- Touch lives by showing God's love
- Introduce the saving grace of the Lord Jesus Christ
- Provide discipleship and mentorship
- Preach and teach sound doctrinal principles through Gods infallible word.
- For each individual to understand the relationship that God desires to have with his creation.

Foundational Scriptures:

Mark 6:15- He said to them, "Go into the entire world and preach the good news to all Creation.

Matthew 25:36 - I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.

Prison Ministry is seeking men and women who have a heart for reaching people outside of the four walls of the church. It's an opportunity to effectively minister to the needs of those incarcerated, facilitate studies lead by the Holy Spirit, touch lives by showing God's love and introduce the saving grace of the Lord Jesus Christ.

Prison Visiting Dates: Dates and frequency are subject to change according to how the mentoring sessions go and if we decide to conduct a worship service.

Time: Between 0930-12:00 subject to change
 Prison Ministry meeting: (TBD)

- Projected Dates 2010:
- January-17**
- February-21**
- March-14**
- April-11**
- May-16**
- June-13**

Prison Ministry needs you! Please join us!
 POCs: Minister Marsha Morris .
 Email: mljesus@yahoo.com, and
 Sister Patrice Alston, Email: saltlake2202@aol.com



Wisdom for Life Discipleship Classes – TBA
 POC: Minister Terry Hogan



Worship Arts Ministry
 Leader: Brother Crosby Bowens



Ministry –
 POC: Sister Trevetta Bennett,
 e-mail: wcsdrama@yahoo.com.



Music Ministry - Recruiting for voices of all ages – come out and join a WCGS singing group:
Adult Choir / Mass Adult Choir/ Women's Choir / Sunshine Choir / Youth Choir / The Brotherhood



Adult Praise and Worship Dance Ministry

– Our desire is to do holy dances to transform the atmosphere and usher in the Holy Spirit during the period of Praise and Worship at the beginning of Worship Service. If you have a heart and desire to praise and

worship the Lord through dance, we invite you to join us.
POC Sister Trevetta Bennett.



Youth Praise Dance Ministry

- Rehearsals on 1st and 3rd Saturdays beginning from 1030 to 1230 hours.
POC: Sister La Ticia Anderson



Ahh, To Be Wise – Philosophy.....

*A man with one watch knows what time it is;
 A man with two watches is never quite sure.*

*Don't look where you fall,
 but where you slipped.*

*Look at life through the windshield,
 not the rear-view mirror.*

*People may doubt what you say
 But they will believe what you do.*

*Be nice to people on your way up
 Because you will need them on your way down.*

*Never explain. Your friends do not need it,
 and your enemies will not believe it.*

*While seeking revenge, dig two graves –
 one for yourself!*

*Time you enjoyed wasting –
 was not wasted.*

*Courage is not a lack of fear
 but the ability to act while facing fear.*

*You've got to do your own growing
 no matter how tall your father was.*

*The best way to predict your future –
 is to create it!*

For further information and make reservations, visit <http://www.onelovecruise.com/#>.



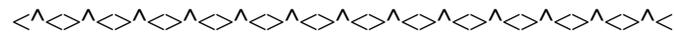
HEIDELBERG REUNION - 17-20 June 2010

Westin Hotel near the Atlanta, GA airport. Rooms are available for **\$99 a night** if we can get 100 rooms reserved. All events will be hosted at the Westin. Here is a

brief of what you can expect:

A coach bus will be available to transport you to all the activities scheduled. Food and beverages will be provided at Friday and Saturday night events. All events will be held in the hotel, so a rental car is not necessary. The cost per person for the events will be \$175 per person. You will need to pay for your own hotel. Rooms will be made available **1 November 2009 thru 1 June 2010**. After 1 Jun, the room rate will be \$179 per night - please plan accordingly. The proposed schedule is subject to change.

When calling the hotel, ask for the "Heidelberg Reunion"- a number will be available before the 1 November start of registration. **For further information contact Ms. Deborah McClanahan at deborahmcclanahan@hotmail.com**



Severe Weather Updates – Fort Belvoir generally follows guidance issued by the Office of Personnel Management when severe weather threatens the area. The Installation Commander reserves the right to keep Fort Belvoir open, or close the installation as conditions warrant. Updates concerning the installation's operating status are also posted on the **Fort Belvoir Information Hotline**, which can be reached by dialing **703-805-3030**. Messages can be heard on **NBC 4, News Channel 8, CBS 9 and Fox 5**. Radio stations throughout the region will also air information about Belvoir's status. Stations on the **FM dial** airing our messages are **WTOP 103.5, WFLS 93.3, WHUR 96.3. AM Station** with Belvoir information are: **WMAL 630, WAGE 1200, WFVA 1230**. All Chapel activities are suspended when the installation is closed.

Handbook for 2010

Health:

1. Drink plenty of water.
2. Eat breakfast like a king, lunch like a prince and dinner like a beggar.
3. Eat more foods that grow on trees and plants and eat less food that is manufactured in plants.
4. Live with the 3 E's -- Energy, Enthusiasm and Empathy.
5. Make time to pray!
6. Play more games.
7. Read more books than you did in 2009.
8. Sit in silence for at least 10 minutes each day.
9. Sleep for 7 hours.
10. Take a 10-30 minute walk daily. And while you walk, smile.

Personality:

11. Don't compare your life to others. You have no idea what their journey is all about.
 12. Don't have negative thoughts or things you cannot control. Instead invest your energy in the positive present moment.
 13. Don't overdo. Keep your limits.
 14. Don't take yourself so seriously. No one else does.
 15. Don't waste your precious energy on gossip.
 16. Dream more while you are awake.
 17. Envy is a waste of time. You already have all you need..
 18. Forget issues of the past. Don't remind your partner with his/her mistakes of the past. That will ruin your present happiness.
 19. Life is too short to waste time hating anyone. Don't hate others.
 20. Make peace with your past so it won't spoil the present.
 21. No one is in charge of your happiness except you.
 22. Realize that life is a school and you are here to learn.
- Problems** are simply part of the curriculum that appear and fade away like algebra class but the lessons you learn will last a lifetime.
23. Smile and laugh more.
 24. You don't have to win every argument. Agree to disagree...

Society:

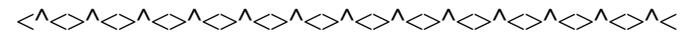
25. Call your family often.
26. Each day give something good to others.
27. Forgive everyone for everything.
28. Spend time with people over the age of 70 and under the age of 6.
29. Try to make at least three people smile each day.
30. What other people think of you is none of your business.
31. Your job won't take care of you when you are sick. Your family and friends will. Stay in touch!

Life:

32. Do the right thing!
33. Get rid of anything that isn't useful, beautiful or joyful.
34. GOD heals everything!
35. However good or bad a situation is, it will change.
36. No matter how you feel, get up, dress up and show up.
37. The best is yet to come.
38. When you awake alive in the morning, thank GOD for it!
39. Your inner most is always happy. So, be happy.

Last but not the least:

40. Please share this forward with everyone you care about.



A life without left turns!!

This is a wonderful piece by *Michael Gartner*, editor of newspapers large and small, and *President of NBC News*. In 1997, he won the Pulitzer Prize for editorial writing. It is well worth reading, and a few good chuckles are guaranteed. Here goes...

My father never drove a car. Well, that's not quite right. I should say I never saw him drive a car. He quit driving in 1927, when he was 25 years old, and the last car he drove was a 1926 Whippet. "In those days," he told me when he was in his 90s, "to drive a car you had to do things with your

hands, and do things with your feet, and look every which way, and I decided you could walk through life and enjoy it or drive through life and miss it.."

At which point my mother, a sometimes salty Irishwoman, chimed in: "Oh, bull----!" she said. "He hit a horse."

"Well," my father said, "there was that, too."

So my brother and I grew up in a household without a car. The neighbors all had cars -- the Kollingses next door had a green 1941 Dodge, the VanLaninghams across the street a gray 1936 Plymouth, the Hopsons two doors down a black 1941 Ford -- but we had none.

My father, a newspaperman in Des Moines, would take the streetcar to work and, often as not, walk the 3 miles home. If he took the streetcar home, my mother and brother and I would walk the three blocks to the streetcar stop, meet him and walk home together.

My brother, David, was born in 1935, and I was born in 1938, and sometimes, at dinner, we'd ask how come all the neighbors had cars but we had none. "No one in the family drives," my mother would explain, and that was that.

But, sometimes, my father would say, "But as soon as one of you boys turns 16, we'll get one." It was as if he wasn't sure which one of us would turn 16 first.

But, sure enough, my brother turned 16 before I did, so in 1951 my parents bought a used 1950 Chevrolet from a friend who ran the parts department at a Chevy dealership downtown.

It was a four-door, white model, stick shift, fender skirts, loaded with everything, and, since my parents didn't drive, it more or less became my brother's car.

Having a car but not being able to drive didn't bother my father, but it didn't make sense to my mother.

So in 1952, when she was 43 years old, she asked a friend to teach her to drive. She learned in a nearby cemetery, the place where I learned to drive the following year and where, a generation later, I took my two sons to practice driving. The cemetery probably was my father's idea. "Who can your mother hurt in the cemetery?" I remember him saying more than once.

For the next 45 years or so, until she was 90, my mother was the driver in the family. Neither she nor my father had any sense of direction, but he loaded up on maps -- though they seldom left the city limits -- and appointed himself navigator. It seemed to work.

Still, they both continued to walk a lot. My mother was a devout Catholic, and my father an equally devout agnostic, an arrangement that didn't seem to bother either of them through their 75 years of marriage.

(Yes, 75 years, and they were deeply in love the entire time.)

He retired when he was 70, and nearly every morning for the next 20 years or so, he would walk with her the mile to St. Augustin's Church. She would walk down and sit in the front pew, and he would wait in the back until he saw which of the parish's two priests was on duty that morning. If it was the pastor, my father then would go out and take a 2-

mile walk, meeting my mother at the end of the service and walking her home.

If it was the assistant pastor, he'd take just a 1-mile walk and then head back to the church. He called the priests "Father Fast" and "Father Slow."

After he retired, my father almost always accompanied my mother whenever she drove anywhere, even if he had no reason to go along. If she were going to the beauty parlor, he'd sit in the car and read, or go take a stroll or, if it was summer, have her keep the engine running so he could listen to the Cubs game on the radio. In the evening, then, when I'd stop by, he'd explain: "The Cubs lost again. The millionaire on second base made a bad throw to the millionaire on first base, so the multimillionaire on third base scored."

If she were going to the grocery store, he would go along to carry the bags out -- and to make sure she loaded up on ice cream. As I said, he was always the navigator, and once, when he was 95 and she was 88 and still driving, he said to me, **"Do you want to know the secret of a long life?"**

"I guess so," I said, knowing it probably would be something bizarre.

"No left turns," he said.

"What?" I asked.

"No left turns," he repeated. **"Several years ago, your mother and I read an article that said most accidents that old people are in, happen when they turn left in front of oncoming traffic."**

"As you get older, your eyesight worsens, and you can lose your depth perception, it said. So your mother and I decided never again to make a left turn."

"What?" I said again.

"No left turns," he said. **"Think about it. Three rights are the same as a left, and that's a lot safer. So we always make three rights."**

"You're kidding!" I said, and I turned to my mother for support. "No," she said, "your father is right. We make three rights. It works." But then she added: "Except when your father loses count."

I was driving at the time, and I almost drove off the road as I started laughing.

"Loses count?" I asked.

"Yes," my father admitted, "that sometimes happens. But it's not a problem. You just make seven rights, and you're okay again."

I couldn't resist. "Do you ever go for 11?" I asked.

"No," he said. "If we miss it at seven, we just come home and call it a bad day. Besides, nothing in life is so important it can't be put off another day or another week."

My mother was never in an accident, but one evening she handed me her car keys and said she had decided to quit driving. That was in 1999, when she was 90.

She lived four more years, until 2003. My father died the next year, at 102.

They both died in the bungalow they had moved into in 1937 and bought a few years later for \$3,000. (Sixty years later, my brother and I paid \$8,000 to have a shower put in the tiny bathroom -- the house had never had one. My father would have died then and there if he knew the shower cost nearly three times what he paid for the house.)

He continued to walk daily -- he had me get him a treadmill when he was 101 because he was afraid he'd fall on the icy sidewalks but wanted to keep exercising -- and he was of sound mind and sound body until the moment he died.

One September afternoon in 2004, he and my son went with me when I had to give a talk in a neighboring town, and it was clear to all three of us that he was wearing out, though we had the usual wide-ranging conversation about politics and newspapers and things in the news.

A few weeks earlier, he had told my son, "You know, Mike, the first hundred years are a lot easier than the second hundred." At one point in our drive that Saturday, he said, "You know, I'm probably not going to live much longer."

"You're probably right," I said.

"Why would you say that?" He countered, somewhat irritated.

"Because you're 102 years old," I said..

"Yes," he said, "you're right." He stayed in bed all the next day.

That night, I suggested to my son and daughter that we sit up with him through the night.

He appreciated it, he said, though at one point, apparently seeing us look gloomy, he said: "I would like to make an announcement. No one in this room is dead yet"

An hour or so later, he spoke his last words:

"I want you to know," he said, clearly and lucidly, "that I am in no pain. I am very comfortable. And I have had as happy a life as anyone on this earth could ever have."

A short time later, he died.

I miss him a lot, and I think about him a lot. I've wondered now and then how it was that my family and I were so lucky that he lived so long.

I can't figure out if it was because he walked through life, Or because he quit taking left turns. "

http://www.usatoday.com/news/opinion/columnist/2006-06-15-gartner_x.htm

*Life is too short to wake up with regrets.
So love the people who treat you right.
Forget about the ones who don't.
Believe everything happens for a reason.
If you get a chance, take it and if it changes your life, let it!*

Nobody said life would be easy, they just promised it would most likely be worth it."

ENJOY LIFE NOW - IT HAS AN EXPIRATION DATE!

Deadline for submitting articles for newsletter to Joneslw4126@msn.com is NLT 3rd Sunday of month, in subject line: "Gospel Service Newsletter". Feedback is encouraged and appreciated.