

Worksheet 2.2

Self-Awareness Inventory*

The following five questions will help you evaluate your own values, attitudes, and beliefs. For each question, circle 1 if you strongly disagree, 5 if you strongly agree, or 2, 3, or 4 for points along the continuum.

Keep in mind that there are no right or wrong answers. This is an inventory designed to get you thinking about your values, attitudes, and beliefs so that you may better serve your clients.

- 1. Members of a helping profession such as victim assistance should refrain from getting personally involved with victims they work with.**

Strongly Disagree				Strongly Agree
1	2	3	4	5

- 2. A higher spiritual power should guide our behavior and thinking.**

Strongly Disagree				Strongly Agree
1	2	3	4	5

- 3. Women are rarely violent.**

Strongly Disagree				Strongly Agree
1	2	3	4	5

- 4. The needs of victims must sometimes override a supervisor's directive.**

Strongly Disagree				Strongly Agree
1	2	3	4	5

- 5. Culture and race are not factors in a professional helping relationship. As human beings, we are more similar than different.**

Strongly Disagree				Strongly Agree
1	2	3	4	5

* This inventory was adapted from the inventory in *Victim Assistance Online (VAT Online)* at <https://www.ovcttac.gov/vatonline>.

Worksheet 2.1

Assault Victim Vignette

Scenario

Julia Sullivan is a law enforcement victim advocate. Julia has taken Charlotte Thompson to the emergency room for treatment of injuries resulting from an assault.

Julia knows Charlotte Thompson because of Charlotte's prior history of physical and sexual assaults. In the last year, Charlotte had recanted her story of one violent assault as the case moved through the legal system.

Julia is trying to complete a compensation form to help Charlotte with her medical expenses.

Questions

- What are your reactions to the vignette?
- Do you have any concerns or hesitations about working with this client?
- What values cause you to feel this way?
- How might your feelings affect your professional relationship with Charlotte Thompson?
- What can you do to put Charlotte's interest first?