

FY16 INTRAMURAL - FORT BELVOIR

COMMANDER'S CUP COMBATIVES TOURNAMENT

WELLS FIELD HOUSE

**FRIDAY
MARCH 25
5 P.M.**



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Belvoir MWR

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(703) 806-6182

1810 Goethals Rd.
Fort Belvoir, VA 22060

Meeting: Thursday, March 10 - 1 p.m.

Graves Fitness Center
2116 Abbott Rd.
Fort Belvoir, VA 22060

Weigh-in: Thursday, March 24 - 9 a.m. - 4 p.m.

Wells Field House
1810 Goethals Rd.
Fort Belvoir, VA 22060

Safety Brief: Friday, March 25 - 4 p.m.

Wells Field House

(Mandatory) Note: This is a Standard Rules
Tournament - no strikes allowed.

Tournament: Friday, March 25 - 5 p.m.

Wells Field House

Eligibility: Must be assigned or attached to Fort Belvoir. Active Duty or Mobilized/ADOS National Guard/Reserve Component Soldiers/Marines/Airmen/Sailors/Coast Guard.

Fighters must provide their own duty uniform, fitted mouth piece and cup. Combatives certification is not required.

Weight Classes:

	Female	Male
Fly	125 lbs and below	136 lbs and below
Light	140 lbs and below	153 lbs and below
Welter	155 lbs and below	169 lbs and below
Middle	170 lbs and below	185 lbs and below
Cruiser	185 lbs and below	198 lbs and below
Light Heavy	205 lbs and below	227 lbs and below
Heavy	206 lbs and up	228 lbs and up

Must bring signed & completed registration packet (4 pages)

Download Complete Registration packet online::

belvoir.armymwr.com

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phone: (703) 806-6182

